

# Resources on Pet Loss & Grief for Cat Owners

*Drs. Foster & Smith Educational Staff*

We understand how sad the death of a beloved pet can be. It is always helpful to talk about your grief with others who will understand. If you do not know anyone to talk to, you may want to call someone at one of the [Pet Loss Hotlines](#). It may also be comforting to read about others' thoughts on mourning for a pet. The following books may help you, family members, or friends who have lost or may be losing a pet. Those books marked with an \* are for children, but provide comfort to adults as well.

Anderson, M. Coping with Sorrow on the Loss of Your Pet. Alpine Publications; 1996.

\*Brown, Margaret Wise. The Dead Bird. Harper Trophy; 1995.

\*Buscaglia, Leo. The Fall of Freddie the Leaf. Holt, Rinehart and Winston; 1983.

Carmack, Betty J. Grieving the Death of a Pet. Augsburg Fortress Publishers; 2003.

\*Carrick, Carol. Accident. Houghton Mifflin; 1981.

Church, JA. Joy in a Woolly Coat: Living With, Loving & Letting Go of Treasured Animal Friends. H J Kramer Inc.; 1987.

Grollman, EA. Talking About Death: A Dialogue Between Parent and Child. Beacon Press; 1990.

Kubler-Ross, E. Death, the Final Stage of Growth. Simon and Schuster; 1986.

Kurz, Gary. Cold Noses at the Pearly Gates. Gary Kurz; 1997.

Kowalski, Gary. Goodbye, Friend: Healing Wisdom for Anyone Who Has Ever Lost a Pet. Stillpoint Pub.; 1997.

Lee, L; Lee, M. Absent Friend. Henston Ltd. (England); 1992.

Milani, M. Preparing for the Loss of Your Pet. Prima Publishing; 1998.

Montgomery, M; Montgomery, H. Goodbye My Friend. Montgomery Press; 1991.

Morehead, Debby. A Special Place for Charlee. Partners in Publishing, LLC; 1996.

Nieburg, HA; Fischer, A. Pet Loss: A Thoughtful Guide for Adults and Children. Harper & Row; 1996.

Quackenbush, J; Graveline, D. When Your Pet Dies: How to Cope with Your Feelings. Simon and Schuster; 1985.

\*Rogers, F. When a Pet Dies. Paper Star; 1998.

\*Rylant, Cynthia. Cat Heaven. Scholastic Trade; 1997.

\*Rylant, Cynthia. Dog Heaven. Scholastic Trade; 1995.

\*Sibbitt, S. Oh, Where Has My Pet Gone? A Pet Loss Memory Book, Ages 3-103. Libby Press; 1991.

Sife, Wallace. The Loss of a Pet: New Revised and Expanded Edition. IDG Books Worldwide; 1998.

\*Varley, S. Badger's Parting Gifts. Lothrop, Lee & Shepard Books; 1984.

\*Viorst, Judith. The Tenth Good Thing about Barney. Alladin Paperbacks; 1976.

\*White, EB. Charlotte's Web. Harper Trophy; 1999.