The Use of Rescue Remedy in Dogs & Cats

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Rescue Remedy was specifically formulated in the 1930's by Dr. Bach, a British physician, to treat multiple kinds of human emergency situations. Rescue Remedy is comprised of 5 flower essences. They are as follows:

- Impatiens glandulifera (Impatiens) for impatience and agitation that may be associated with pain
- Ornithogalum umbellatum (Star of Bethlehem) for shock, grief, or fright
- Prunus serasife (Cherry Plum) for hysteria or loss of control
- Helianthemum nummularium (Rock Rose) for terror and panic
- Clematis vitalba (Clematis) for faintness and bemused, stunned, ungrounded feelings.

It is used in animals to decrease stress due to situations such as thunderstorms, traveling, and fireworks. It can be put directly in the mouth or mixed with water.

